Extraneous Load Map

Where is teacher attention actually going?

01
Initiatives
Too many priorities competing for attention.

02
Meetings
Conversations that consume time without producing clarity or assigning action.

03
Decision-Making
Bottlenecks created when disproportionate decisions depend on the same people.

04
Priorities
Uncertainty about what matters most.

05
Priorities
Confusion about when to solve problems independently and when to seek support.

06
Roles
Responsibilities are unclear or constantly shifting.

07
Emotional Labor
The often invisible work of supporting students, families, and colleagues impacts our wellness.

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